

Breakfast MENU

December K-8 Breakfast Menu

Check out <https://lowellk12ma.nutrislice.com/> for Menus, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us
All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.
Offered Daily: Cereal Bar, Assorted Cereal Bowl, Assorted Muffins, Breakfast Rounds, Benefit Bars, and Bagels with Cream Cheese

27 Maple Mini Waffles Assorted Cereal Bowl with Graham Crackers Served with Apples & Pears	28 Bacon, Egg and Cheese Bagel Sandwich Blueberry Muffin Served with Oranges & Juice	29 Mixed Berry Yogurt Parfait Benefit Bar Served with Strawberries & Clementines	30 Sausage, Egg and Cheese Wake up Wrap UBR Round Served with Fresh Fruit Cup & Juice	1 Cinnamon Roll Bagel with Cream Cheese Served with Apples & Bananas
4 Blueberry Breakfast Bread Assorted Cereal Bowl with Graham Crackers Served with Apples & Pears	5 French Toast Sticks Chocolate Chip Muffin Served with Oranges & Juice	6 Sausage, Egg, and Cheese Bagel Sandwich Oatmeal Chocolate Chip Betty Crocker Bar with Graham Cracker Served with Strawberries & Clementines	7 Chocolate Filled Crescent Nature Valley Breakfast Round Served with Fresh Fruit Cup & Juice	8 Mini Cinnamon Creamy Cheese Bagels Mixed Berry Yogurt Parfait Served with Apples & Bananas
11 Pumpkin Bread Assorted Cereal Bowl with Graham Crackers Served with Apples & Pears	12 Egg and Cheese Wake up Wrap Blueberry Muffin Served with Oranges & Juice	13 Powdered Sugar Donut Assorted Cereal Bar with Graham Cracker Served with Strawberries & Clementines	14 Bacon, Egg and Cheese on an English Muffin Oatmeal Raisin Breakfast Round Served with Fresh Fruit Cup & Juice	15 Mixed Berry Yogurt Parfait Bagel with Cream Cheese Served with Apples & Bananas
18 Cinnamon Roll Assorted Cereal Bowl with Graham Crackers Served with Apples & Pears	19 Egg and Cheese Wake up Wrap Chocolate Chip Muffin Served with Oranges & Juice	20 Country Chicken Biscuit Double Chocolate Betty Crocker Bar with Graham Cracker Served with Strawberries & Clementines	21 Blueberry Mini Waffle UBR Round Served with Fresh Fruit Cup & Juice	22 Chocolate Filled Crescent Bagel with Cream Cheese Served with Apples & Bananas
25	26	27	28	29

Happy Winter Break!